

Activity Timetable



10:00am



12:00pm



1:00pm

Monday

Art Session



Karaoke



Massage



Lunch

Sound Baths



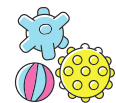
Sports



Art Session



Sensory Communication



Tuesday

Cooking Session



Art Session



Men's Group



Gardening



Lunch

Art Session



Zumba/ Clubbercize



Wednesday

Massage



Library



Gardening



Art Session



Baking Session



Lunch

MusicKarl



Baking Session



Guinea Pigs (EO week)



Art Session



Thursday

Wikid



Percussion

Cooking/



Baking

Art Session



Gardening



Lunch

Sensory Communication



Ladies+ Group



Gardening

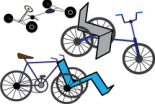


Friday

Drama Session



Bike active



Karaoke Session



Art Session



Lunch

Pampering Session



Movie Session



Art Session



Access to our sensory rooms is available Mon- Fri

